

See discussions, stats, and author profiles for this publication at: <https://www.researchgate.net/publication/43129493>

# Ultrasound B-scan image simulation, segmentation, and analysis of the equine tendon

Article in *Medical Physics* · March 2010

DOI: 10.1118/1.3292633 · Source: PubMed

CITATIONS

7

READS

113

4 authors, including:



[Ali Meghoufel](#)

Université du Québec à Montréal

7 PUBLICATIONS 19 CITATIONS

[SEE PROFILE](#)



[Nathalie Crevier-Denoix](#)

École Nationale Vétérinaire d'Alfort

24 PUBLICATIONS 329 CITATIONS

[SEE PROFILE](#)



[Jacques A de Guise](#)

École de Technologie Supérieure

356 PUBLICATIONS 5,949 CITATIONS

[SEE PROFILE](#)

Some of the authors of this publication are also working on these related projects:



Improvements in 3D knee kinematics variability using functional principle component analysis after anterior cruciate ligament reconstructive surgery in adolescence [View project](#)



Peripheral Arterial Diseases [View project](#)

All content following this page was uploaded by [Jacques A de Guise](#) on 26 April 2017.

The user has requested enhancement of the downloaded file. All in-text references [underlined in blue](#) are added to the original document and are linked to publications on ResearchGate, letting you access and read them immediately.

# Ultrasound B-scan image simulation, segmentation, and analysis of the equine tendon

Ali Meghoul<sup>a)</sup>

*Laboratoire de Recherche en Imagerie et Orthopédie, University of Montreal Hospital (CRCHUM), Montréal, Québec H2L 2W5, Canada; Département du Génie de la Production Automatisée, Ecole de Technologie Supérieure, University of Québec in Montreal, Montréal, Québec H3C 1K3, Canada; and Laboratoire de Biorhéologie et d'Ultrasonographie Médicale, University of Montreal Hospital (CRCHUM), Montréal, Québec H2L 2W5, Canada*

Guy Cloutier<sup>b)</sup>

*Laboratoire de Biorhéologie et d'Ultrasonographie Médicale, University of Montreal Hospital (CRCHUM), Montréal, Québec H2L 2W5, Canada and Department of Radiology, Radio-Oncology, and Nuclear Medicine and Institute of Biomedical Engineering, University of Montreal, Montréal, Québec H3T 1J4, Canada*

Nathalie Crevier-Denoix<sup>c)</sup>

*Unité INRA-ENVA de Biomécanique et Pathologie Locomotrice du Cheval, École Nationale Vétérinaire d'Alfort, Maisons-Alfort, 94704, France*

Jacques A. de Guise<sup>d)</sup>

*Laboratoire de Recherche en Imagerie et Orthopédie, University of Montreal Hospital (CRCHUM), Montréal, Québec H2L 2W5, Canada and Département du Génie de la Production Automatisée, Ecole de Technologie Supérieure, University of Québec in Montreal, Montréal, Québec H3C 1K3, Canada*

(Received 14 July 2009; revised 22 December 2009; accepted for publication 22 December 2009; published 9 February 2010)

**Purpose:** The hypothesis is that an imaging technique based on decompression and segmentation of B-scan images with morphological operators can provide a measurement of the integrity of equine tendons.

**Methods:** Two complementary approaches were used: (i) Simulation of B-scan images to better understand the relationship between image properties and their underlying biological structural contents and (ii) extraction and quantification from B-scan images of tendon structures identified in step (i) to diagnose the status of the superficial digital flexor tendon (SDFT) by using the proposed imaging technique.

**Results:** The simulation results revealed that the interfascicular spaces surrounding fiber fascicle bundles were the source of ultrasound reflection and scattering. By extracting these fascicle bundles with the proposed imaging technique, quantitative results from clinical B-scan images of eight normal and five injured SDFTs revealed significant differences in fiber bundle number and areas: mean values were 50 ( $\pm 11$ ) and 1.33 ( $\pm 0.36$ ) mm<sup>2</sup> for the normal SDFT data set. Different values were observed for injured SDFTs where the intact mean fiber bundle number decreased to 40 ( $\pm 7$ ) ( $p=0.016$ ); inversely, mean fiber bundle areas increased to 1.83 ( $\pm 0.25$ ) mm<sup>2</sup> ( $p=0.008$ ), which indicate disruption of the thinnest interfascicular spaces and of their corresponding fiber fascicle bundles where lesions occurred.

**Conclusions:** To conclude, this technique may provide a tool for the rapid assessment and characterization of tendon structures to enable clinical identification of the integrity of the SDFT.

© 2010 American Association of Physicists in Medicine. [DOI: [10.1118/1.3292633](https://doi.org/10.1118/1.3292633)]

Key words: equine tendon, B-scan images, simulation, segmentation, statistical analysis, 2D/3D internal structures

## I. INTRODUCTION

Ultrasound (U.S.) imaging is a widely used diagnostic technique to evaluate equine superficial digital flexor tendon (SDFT) structures after injury and during healing. After its introduction in the early 1980s by Rantanen,<sup>1</sup> the examination of SDFT structures in horses with U.S. rapidly became a standard procedure.<sup>2-5</sup> The technique is now routinely used in everyday equine practice, for diagnosis, serial assessment of healing lesions, and the evaluation of treatments. How-

ever, several technical limitations are known to reduce its diagnostic accuracy and confidence level.<sup>6</sup> One of these limitations is the presence of speckle noise on the resulting B-scan images, which affects image interpretation as well as the accuracy of computer-assisted diagnosis techniques. The inability of some sonographers to comprehend the B-scan image content makes feature extraction, analysis, recognition, and quantitative measurements difficult.

Several studies have been done to describe the acoustic texture pattern of normal and pathological SDFT tissues but

conflicting results were often reported. Qualitative studies were done to assess texture of clinical B-scan images of normal horse tendons in,<sup>7-9</sup> in which parallel and linear hyperechoic structures appeared. In injured equine SDFTs, areas where fibers were disrupted appeared hypoechoic, due to the disorganization of the interfascicular spaces and the loss in collagen density. Such studies compared histological cross sectional area (CSA) to corresponding B-scan images, and showed that matching hyperechoic structures with histological features is often complex and inaccurate.<sup>10</sup> A hypothetical conclusion was that the hyperechoic structures of human and equine tendons are caused by coherent specular reflections at the interfascicular spaces, which surrounds fiber bundle fascicles.<sup>10-13</sup> Investigations on the relationship between the echo structure pattern and instrumentation variability concluded that it had no effect on the SDFT B-scan pattern observed; hyperechoic structures would thus be caused by real structures.<sup>4</sup> Other studies<sup>11,14</sup> also revealed that the hyperechoic structure density on B-scan image planes representing the CSAs decreased from the proximal to the distal regions and strongly depended on the insonation angle.<sup>12</sup> Furthermore, an *in vivo* study on human Achilles tendons<sup>13</sup> reported that the hyperechoic structures were numerous, and as expected, thinner with increasing U.S. frequency.

It is difficult to extrapolate such results to situations where different instrumentations are used without a full understanding of the image-formation process. The limitations imposed by U.S. imaging systems to extract tissue structures from returned echoes are well recognized<sup>6</sup> and a solution is to process raw radio frequency (rf) U.S. data, now provided by a few manufacturers. However, rf scanners are not of common use in veterinary medicine. Consequently, we introduce an image pattern investigation of decompressed B-scan images of SDFTs to help identifying normal from injured tendons. Simulation studies are proposed to support such de-

velopments. The reliability of simulations has been investigated theoretically and experimentally to predict the appearance and properties of images.<sup>15</sup> Simulations were used to understand the decrease in echogenicity of B-scan images during myocardial contraction,<sup>16</sup> to investigate the distorting influence of intervening tissues on the quality of medical B-scan images,<sup>17</sup> as well as interactions of U.S. waves with the trabecular bone.<sup>18</sup> Simulation permits objective analysis of the interaction between U.S. waves and tissue structures.

To process simulated and *in vivo* B-scan images and assess conclusions of previous authors, a new imaging technique extracting SDFT structures is proposed. This technique identifies bright structures on two-dimensional (2D) B-scan images by first recovering the uncompressed 2D rf envelope signal,<sup>19</sup> and then performs 2D morphological operations to extract fiber bundles. With such a method, we aim to ameliorate the current performances of SDFT B-scan image analysis by focusing (i) on simulations to investigate the B-scan image contents with the aim of establishing that the hyperechoic structures originate from the interfascicular spaces surrounding fiber bundles; (ii) on the extraction, with a method based on decompression and segmentation of B-scan images with morphological operators, of these hyperechoic structures corresponding to the interfascicular spaces; and then (iii) on the quantification of the intact fiber bundle number and their areas to discriminate objectively between normal and injured SDFTs. The quantification of the fiber bundle characteristics was first used to validate the simulation results of two SDFT specimens by comparing the computed parameters to those found using histomorphometric evaluation,<sup>20</sup> and then to discriminate objectively the features of *in vivo* U.S. images of eight normal and five injured SDFTs.

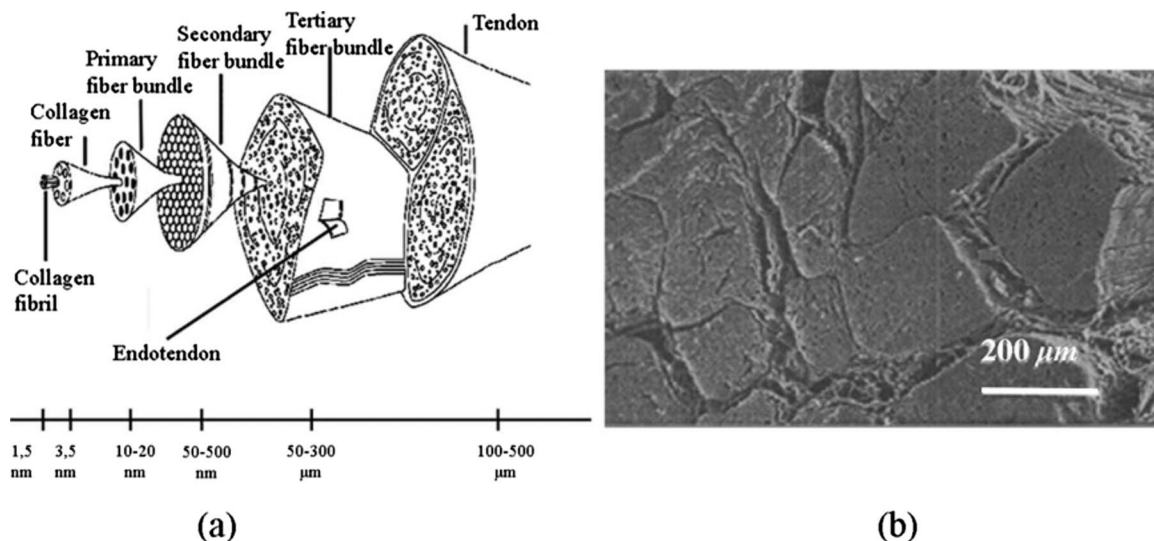


FIG. 1. (a) Hierarchical organization of the tendon (Ref. 21); (b) microstructure of a SDFT CSA showing fiber fascicle bundles and the interfascicular spaces (Ref. 24).

## II. METHODS

### II.A. Simulation strategy

#### II.A.1. Microstructure and B-scan features of the SDFT

The SDFT consists of highly specialized connective tissues, which are organized into a hierarchy of structures that include collagen (main structural protein), fibrils, fibers, and fascicles.<sup>21–23</sup> As shown in Fig. 1, fibers are arranged in primary fiber bundles. These bundles gather to form secondary fiber bundles (fascicles) and these latter are joined together on the same bundles called tertiary fiber bundles. Fiber bundles are surrounded by a loose connective tissue, called the endotendon or interfascicular space connective tissue, which provides vascular supply, lymphatic vessels, and probably a circular mechanical support. The interfascicular space thicknesses of the tertiary bundles are much bigger than those of the primary and secondary fiber fascicle bundles [see Fig. 1(a)]. The collagen is mainly located at fiber bundle fascicles and it represents 80% of dry weight tendon. Interfascicular space areas are poor in collagen and filled with a fluid consisting mostly of water<sup>24</sup> [Fig. 1(b)]. The fascicles are regularly parallel to the SDFT loading axis.

The main clinical diagnostic criterion to assess the integrity of the SDFT is the B-scan image echogenicity.<sup>7,8,12</sup> As described earlier, the B-scan image echogenicity features of a normal SDFT is the presence of parallel and linear hyper-echoic structures, when scanning is performed by aligning those structures perpendicular to the U.S. beam [Fig. 8(a)]. It was hypothesized that those structures correspond to the interfascicular spaces,<sup>11–13</sup> which are perpendicular to the U.S. wave propagation axis and have thickness values higher than the wavelength. In the case of a lesion, some disorganization of the interfascicular spaces and loss in collagen density occur, resulting in a reduction in the echogenicity<sup>11</sup> [Fig. 5(c)]. This information was used to design the framework of the simulation model.

#### II.A.2. Data collection of B-scan and macrophotograph images of the SDFT

Real B-scan images and postmortem macrophotograph slide images of SDFT CSAs were used to support the design of the simulation model. Clinical images were available only in B-scan format and were obtained *in vivo* from eight normal and five injured horse races at the “École Vétérinaire d’Alfort,” Maisons-Alfort, Val-de-Marne, France. Horse selection was random without taking into account their age and sex. The B-scan of CSAs was acquired from the equine SDFT in free hand mode scanning with a 7.5 MHz linear array transducer (SSD-2000–7.5 Aloka, Tokyo, Japan). Scanning was done along the loading axis direction from proximal to distal regions; free hand speed displacement was around 1 cm s<sup>-1</sup>. The resulting B-scan image data set totaled 150 (±20), mean (SD), per horse tendon and realigned longitudinally by rigid registration.<sup>25</sup> Two normal animals were

euthanized and their SDFTs were excised from the proximal carpal bone in the distal region to obtain a series of macrophotograph slide images representing CSAs. The structural information from those images was later used in simulations to reproduce synthetic B-scans and image structures were compared to those observed clinically.

The first step in the macrophotograph image collection process was to embed both SDFT samples directly in a straight phenolic resin solution to create a support around the tendon to facilitate slicing manipulations. Both tendons were cut in 1.3 mm thick CSA slices, regularly spaced using a microtome (Exakt 300 band system, Oklahoma City, OK). On average, 119 (±4) slices were obtained for each specimen. The CSA aspects of slices were carefully photographed by optical microscopy (Nikon SMZ-U) with a camera (Nikon HFX DX), digitized with a scanner (HP ScanJet 5590, 200 dpi), and stored in a computer. Similar to B-scan images, the successive macrophotograph images were realigned longitudinally by rigid registration.<sup>25</sup> Before each acquisition session, a millimetric grid was photographed to set the size of each pixel. Typical images of normal tendon slices are presented in Fig. 2. The dark lines represent the interfascicular spaces and the structures enclosed by it are fascicles. The endotendon junction represents a connection point of many fiber bundles.

The standard histomorphometry<sup>20</sup> evaluation was performed to quantify the fiber bundle fascicles from the macrophotograph image data set. It consists of an automatic 2D image segmentation followed by a statistical analysis to deduce the average number and the corresponding areas of fiber bundle fascicles for each tendon. Structural measurements showed that the tendon CSA surfaces of the proximal and distal regions were 89.7(±4.5) and 105.7(±4.2) mm<sup>2</sup>, respectively. Interfascicular space thicknesses varied between 54 and 378 μm and fiber fascicle bundles appeared as nonclosed structures.

#### II.A.3. Simulation model: The 2D acoustic wave equation propagation through a SDFT tissue

The acoustic wave propagation through SDFT tissues was simulated in 2D. A computer software package (The WAVE2000 PRO, Cyberlogic, Inc., New York, NY) computes an approximate solution of the 2D displacement field of the following U.S. 2D wave equation propagation:<sup>26</sup>

$$\rho \frac{\partial^2 w}{\partial t^2} = \mu \nabla^2(w) + (\lambda + \mu) \nabla (\text{div}(w)), \quad (1)$$

where  $\rho$  is the volumetric density of each material component of the tissue,  $\lambda$  and  $\mu$  are the first and second Lamé coefficients, and  $w=w(x,y,t)$  are the dynamic 2D displacement field expressed in Cartesian coordinates  $x$  and  $y$ , where  $t$  is time. The symbols  $\partial$ ,  $\nabla$ , and  $\text{div}$ , respectively, denote the partial differential, the gradient, and the divergence operators. The WAVE2000 PRO implements a finite difference technique, as described in Ref. 26.



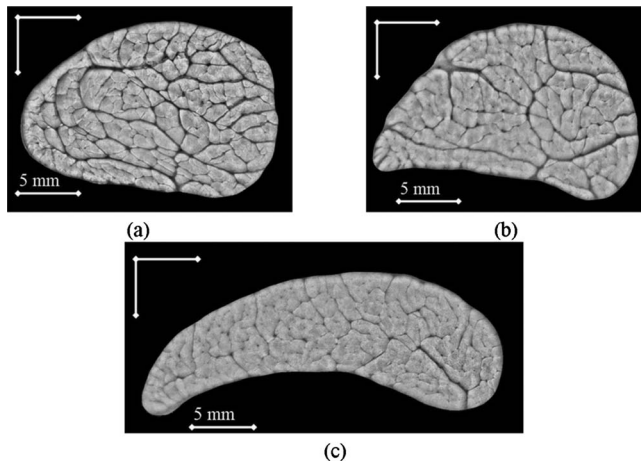


FIG. 2. Typical macrophotograph images of a SDFT. The dark lines are the interfascicular spaces and the structures enclosed by the endotendon are fiber fascicle bundles: (a) Proximal CSA; (b) middle CSA; and (c) distal CSA.

#### II.A.4. SDFT tissue modeling for WAVE2000 PRO implementation

As described earlier, the two principal components of normal SDFT are collagen and water. The collagen is mainly located at fiber fascicle bundles and the material within interfascicular spaces and that surrounding the tendon is assumed to be water.<sup>24</sup> The WAVE2000 PRO implements a finite differences method to compute an approximate solution of the 2D displacement field.<sup>26</sup> The scatterers are considered to be the nodes of the mesh grid of the finite differences method and their spatial locations correspond integrally to pixel locations on the input segmented image (pixels' number = nodes' number). A simple thresholding to segment the image presented in Fig. 2(a) provides realistic model components of normal SDFT presented in Fig. 3(a). CSAs where fibers are disrupted (pathological cases) were modeled as fresh blood [hemorrhage, white area in Fig. 5(a)]. Acoustical properties of collagen, water, and fresh blood were obtained from Refs. 27–29 (Table I). As in the clinical acquisition, simulated images of the tendons were produced by implementing with WAVE2000 PRO a 256-element, 7.5 MHz linear array model of the transmit and receive transducer. A single transmit focus of 12 mm from the transducer was used. The excitation pulse was chosen as a Gaussian-modulated sinusoid (initial boundary condition),<sup>16</sup> i.e.,  $w(x, y) = e^{-.5(x^2/\sigma_x^2 + y^2/\sigma_y^2)} \sin(2\pi fx)$ .  $\sigma_x$ ,  $\sigma_y$ , and  $f$ , respectively, define the size of the point spread function (PSF) in the axial direc-

TABLE I. Acoustical parameters of the SDFT components (Refs. 27–29). Parameters  $\rho$ ,  $\lambda$ , and  $\mu$  are the volumetric density, first, and second Lamé coefficients, respectively.

	Collagen	Water at 37 °C	Fresh blood
$\rho$ in Kg m <sup>-3</sup>	1100	992.63	1055
$\lambda$ in N m <sup>-2</sup>	1235	2241.0	2634
$\mu$ in N m <sup>-2</sup>	962	763	833

tion (i.e., along the U.S. wave propagation axis), its size in the lateral direction, and the spatial central frequency. For fully developed speckle, the wavelength  $\lambda$  must cover ten nodes in the U.S. wave propagation axis. At  $f_0 = 7.5$  MHz, the corresponding wavelength is about 205  $\mu\text{m}$  in the axial direction,  $\sigma_x$  and  $\sigma_y$  have equal sizes and are  $2\sigma_y = 2\sigma_x = 5\lambda \approx 1$  mm. The pulse duration was set at 0.5  $\mu\text{s}$ .

#### II.B. Image quantification method

The SDFT B-scan image processing strategy used by others to quantify image contents has been limited to texture analysis based on the computation of the first-order gray-level statistics (mean echogenicity).<sup>8–10,12,14</sup> In the current study, the extraction of fiber bundle was done with a technique that follows the schematic diagram presented in Fig. 7. The stage 1 of the diagram consists in recovering the uncompressed 2D rf envelop signal from the original B-scan image followed by stage 2, in which we perform a combination of 2D binary operations on the recovered 2D rf envelope to extract the real hyperechoic structures. In order to quantify fiber fascicle bundles, we perform a watershed closing operation on the extracted structures to add information in the parallel axis of the U.S. wave propagation. The watershed operation closes the extracted hyperechoic structures [Fig. 8(d)] without distorting the initial structures of Fig. 8(c).

##### II.B.1. Decompression process of B-scan images

Clinical U.S. imaging systems employ nonlinear signal processing to reduce the dynamic range of the input rf image to match the smaller dynamic range of the display device and to emphasize objects with weak backscatter. The processing proposed here is based on a method presented in Ref. 19 to derive the approximate unprocessed 2D rf envelope image from 2D B-scan image format. The authors suggested the following intensity transformation:

$$I_B = D \cdot \ln(I), \quad (2)$$

where  $I_B$  is the available B-scan image format,  $I$  is the unknown 2D rf envelope, and  $D$  is the mapping parameter. Theoretically, the uncompressed 2D rf envelope intensity  $I$  approximately follows an exponential probability distribution for fully developed speckle statistics (random distribution of a large number of scatterers).<sup>30</sup> Note that the intensity of the B-scan image  $I_B$  may follow a different statistical distribution when compression, filtering, and other postprocessing are applied on received echoes, or when scatterers are insufficient and/or not distributed randomly (coherent scatterers).<sup>31</sup> Nevertheless, as suggested by Prager *et al.*,<sup>19</sup> the exponential model was considered here because one cannot assume or predict the underlying statistical distribution of received echoes.

The approach is to match the measured normalized moments  $\langle I^n \rangle / \langle I \rangle^n$  of  $I$  in a known B-scan region with the expected values for an exponential distribution that is given by  $\Gamma(n+1)$ . The symbols  $\langle \cdot \rangle$  and  $\Gamma(\cdot)$  represent the first statistical moment and the Gamma function, respectively. The mo-

ments are computed for positive values of  $n$ , which are not necessarily integers. The algorithm<sup>19</sup> proceeds as follows:

- i. Choose an initial value for  $D$ ;
- ii. Invert the compression mapping for a patch of a known B-scan region using the intensity given by  $I = \exp(I_B/D)$ ;
- iii. Compute the normalized moments of the intensity data for the powers  $n=0.25, 0.5, 1.5, 2.0, 2.5$ , and 3; and
- iv. Minimize the mean squared error between the six normalized moments computed and the six normalized moments for an exponential distribution to estimate a value of  $D$ .

Knowing  $D$ , we can then estimate the uncompressed converted 2D rf envelope intensities  $I$  [see Fig. 8(b)].

### II.B.2. Binary operations

Segmentation of the recovered uncompressed 2D rf envelope image intensities by 2D morphological operations was performed to extract the real hyperechoic structures. The following steps are applied successively:

- i. The binary operation of Otsu<sup>32</sup> on the enhanced image [Fig. 8(b)] to separate the hyperechoic structures from the background;
- ii. Closing operation (dilation followed by erosion operations) to fill small holes and to connect contours. The structuring element that was used is a disk with a radius of 5 pixels; and
- iii. Thinning operation to reduce all lines to a single pixel thickness.

The extracted structures correspond exactly to the real hyperechoic structures observed on the image [Fig. 8(c)]. Some portions of fiber fascicle bundles are widely visible in the perpendicular axis to the U.S. wave propagation; however, no structures are generated in the parallel axis. To compensate the lack of structures in this axis and also to quantify fiber bundle fascicles, we proceed with the watershed closing operation.

### II.B.3. Watershed closing operation

The watershed closing operation is the appropriate method to close the extracted hyperechoic structures. It adds information in the parallel axis of the U.S. wave propagation [Fig. 8(d)] without distorting the initial structures [Fig. 8(c)]. The fully validated automatic watershed software (The IMAGEJ software, NIH, Bethesda, MD, 2009) (Ref. 33) is used to close the extracted structures. The watershed algorithm is based on binary thickenings with a structuring element of four connected pixels.

Figures 8(e), 9(a), and 9(c) show typical results of the proposed imaging technique applied on the clinical and the simulated B-scan images, respectively. The overlay of the extracted contours coincides with the hyperechoic structures of the images. Fiber bundles were defined as the smallest

closed structures. The quantitative analyses were carried out on fiber bundle number and areas of segmented images.

## III. RESULTS

### III.A. Simulation model and assessment of its validity

An example of a simulated B-mode image at 7.5 MHz is shown in Fig. 3(b). The simulated image contains bright structures drowned in speckle noise. Direct matching between the macrophotograph SDFT tissue model of Fig. 2(a) and simulated images revealed that the formed hyperechoic structures correspond to the interfascicular spaces. Moreover, the coherent structure brightness diminishes with their decreasing thickness. Some vertical bright structures are observed (parallel to the U.S. wave propagation); they can be explained by the large thicknesses of the interfascicular spaces in the vertical direction.

To further assess the simulation model, namely, to demonstrate the presence of one dominant scattering source with a fairly periodic spatial arrangement representing the interfascicular space structures, we performed the first-order speckle statistics analysis on simulated B-scan images. A Nakagami PDF (Ref. 31) was chosen and its parameters were estimated using the maximum likelihood function.<sup>34</sup> Estimate tests showed agreements between the estimated Nakagami PDFs and the real histograms. A typical example of this agreement applied on the area of interest defined in Fig. 3(b) is presented in Fig. 3(c): The estimated parameter  $m=1.64$  (shape parameter) shows that the echo-texture follows a Rician statistical distribution,<sup>31</sup> which indicates the presence of coherent components in the area of interest. This confirms our expectation, since it includes interfascicular space structures.

Additionally, to appreciate the realism of simulations and the limited capability of U.S. to resolve small structures, we selected from the histology image of Fig. 2(a), two different interfascicular spaces perpendicular to the U.S. wave with different thicknesses  $E_1 \cong 300 \mu\text{m}$  and  $E_2 \cong 90 \mu\text{m}$ , corresponding to dimensions, respectively, larger and smaller than the acoustic wavelength of  $205 \mu\text{m}$  [see Figs. 4(a) and 4(b)]. As presented in Fig. 4(c), strong bright echoes were obtained from the interfascicular space with thicknesses  $E_1$  larger than the wavelength, and no specific structures could be identified for the interfascicular space with thicknesses  $E_2$  smaller than the wavelength.

#### III.A.1. Simulation of a pathological SDFT

An injured SDFT (apparition of a lesion) is commonly characterized by hemorrhage located in the CSA due to structure disruption.<sup>11</sup> To reproduce qualitatively the echo-texture pattern of a lesion, a typical histological image [Fig. 5(a)] was modeled with WAVE2000 PRO to produce a synthetic pathological B-mode image at 7.5 MHz [Fig. 5(b)]. The acoustical properties of the white CSA [Fig. 5(a), fresh blood] were obtained from Ref. 29 (Table I). The back-scattering from the lesion was hypoechoic. As expected, similar hypoechoic features can be observed when compar-

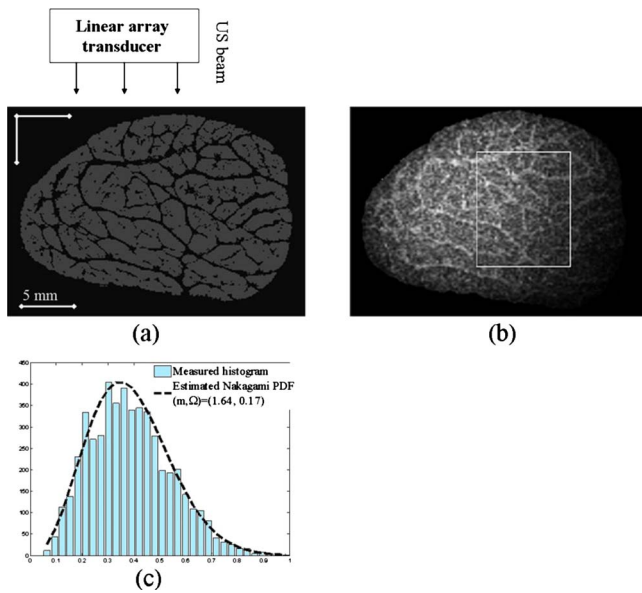


FIG. 3. Simulation result at a 7.5 MHz central frequency: (a) SDFT tissue model of Fig. 2(a); (b) simulated B-scan image using the WAVE2000 PRO Model; and (c) measured histogram and the estimated Nakagami PDF in the area of interest identified on panel b.

ing the simulated image with a clinical image that presents a recent injury [early granulation,<sup>10</sup> see Fig. 5(c)].

**III.A.2. Effect on the insonification frequency on simulations**

To evaluate changes in the echotexture of normal tendons at different frequencies, simulations were performed at 5, 7.5, 10, and 13 MHz by the proposed simulator (Fig. 6). Echo-textures appeared as internal networks of fine, often parallel and linear bright structures. At higher U.S. frequencies, the interfascicular spaces became clearer and more numerous, had higher reflectivity, and were better separated from one another. Qualitatively, acquisitions at frequencies lower than 7.5 MHz provided indistinguishable structures [Fig. 6(a)], which can limit the diagnosis of normal versus pathological fiber bundles with the proposed imaging technique. This result corroborates the *in vivo* assessment of echo-texture changes with frequency reported in Ref. 13.

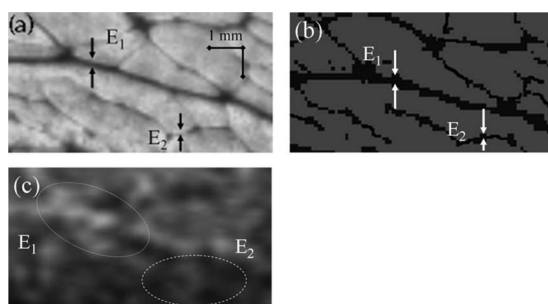


FIG. 4. Comparison of macrophotography and simulated B-mode structures. (a) Different interfascicular space thicknesses identified by macrophotography; (b) SDFT tissue model structures; and (c) corresponding B-scan image simulated by the WAVE2000 PRO model.

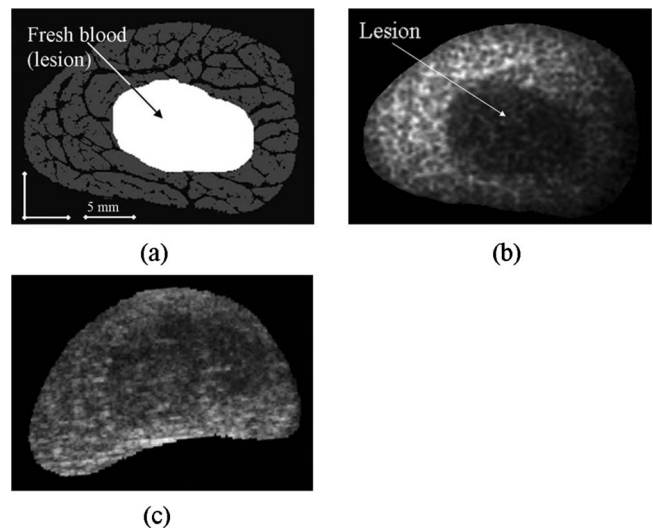


FIG. 5. (a) A macrophotography of CSA of the modeled injured SDFT; (b) a simulated B-scan image of an injured SDFT with the WAVE2000 PRO model by considering a 7.5 MHz central frequency; and (c) a clinical B-scan image representing a recent injury, scanned at 7.5 MHz.

**III.B. Segmentation results**

The proposed image processing was first applied on simulated B-scan images to extract the bright structures from the SDFT CSAs. An example is shown in Fig. 9, the extracted boundaries were projected over the simulated B-scan images [Figs. 9(a) and 9(c)] and over the macrophotography images used to determine the boundaries of the simulation [Figs. 9(b) and 9(d)]. As displayed, the extracted contours are very realistic and reflect the hyperechoic versus interfascicular space structures perpendicular to the U.S. beam. However, coarse matching is observed in the parallel axis due to the absence of real structures on the B-scan images.

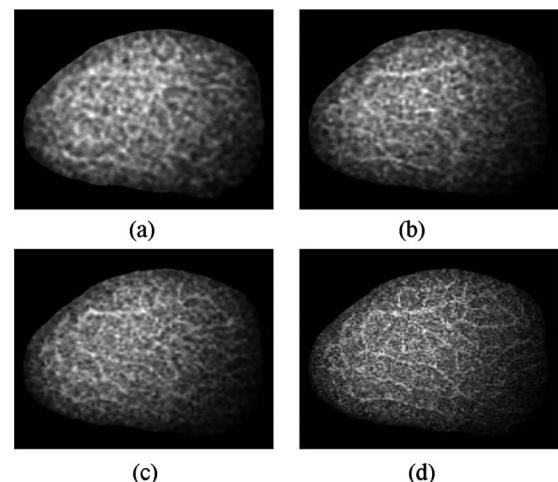


FIG. 6. B-scan images of a normal SDFT simulated at different frequencies by the Wave 2000 Pro model at (a) 5, (b) 7.5, (c) 10, and (d) 13 MHz.



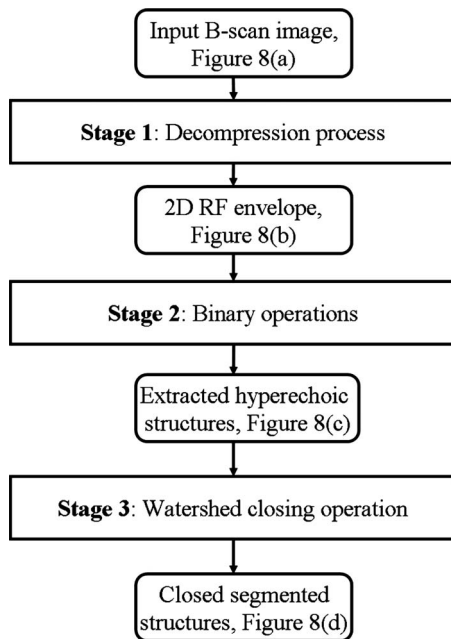


FIG. 7. A schematic diagram of the different stages of the proposed imaging technique.

### III.B.1. Quantification of fiber bundles on two SDFT simulated specimens

Extraction and quantification of fiber fascicle bundles have been applied on the simulated B-scan image database (around 240 images) obtained from the two SDFT specimens. The spatial resolution of those images is *a priori* known and it was used to set the physical size of closed structures. Values obtained are presented in Table II and they reveal that they are similar to those of the histomorphometry analysis.<sup>20</sup> The small variations are potentially caused by the loss of some structures during the image formation, and probably by the watershed operator. The agreement between those values confirms in another way that the targeted hyperechoic structures are caused by coherent specular reflections at the interfascicular spaces observed on the macrophotograph image, and also the accuracy of the proposed imaging technique.

TABLE II. Fiber fascicle bundle number and their corresponding areas computed from two SDFT samples.

	From the simulated B-scan image data set		By histomorphometry <sup>a</sup>	
	Number	CSA	Number	CSA
Sample #01	37 ± 2	2.03 ± 0.20	32 ± 5	1.96 ± 0.32
Sample #02	51 ± 4	1.16 ± 0.13	47 ± 5	1.86 ± 0.32
Average on both samples	44 ± 8	1.60 ± 0.47	42 ± 5	1.76 ± 0.60

<sup>a</sup>Reference 20.

### III.B.2. Quantification of fiber bundles on the whole *in vivo* B-scan data sets

Figure 8 shows a segmentation result by the proposed imaging technique applied on a normal clinical B-scan image. A descriptive analysis of fiber bundles for the whole data sets (eight normal and five injured SDFTs) is presented in Table III. The average number of fiber bundles was 50 (±11) for the normal SDFTs and 40 (±7) for the injured ones. The corresponding mean areas of fiber bundles were 1.33(±0.36) mm<sup>2</sup> for the normal SDFTs and 1.83(±0.52) mm<sup>2</sup> for injured tendons. In the case of injured SDFTs, fiber bundles were only selected on the intact fascicles. The computed fiber bundle number ( $p=0.016$ ) and areas ( $p=0.008$ ) were found to be significantly different between normal and injured samples, using student's *t*-tests. The determined areas for normal SDFTs agree with *in vitro* histomorphometric statistics on normal specimens reported by others<sup>35</sup> [1.41(±0.52) mm<sup>2</sup>].

## IV. DISCUSSION AND CONCLUSIONS

Simulation results have identified factors governing the formation of hyperechoic structures on B-scan images. They have also provided information about the relationship between the interfascicular space thicknesses and the wavelength of the U.S. wave propagation in the axial direction. The final aspect of a B-scan image is mainly provided by U.S. reflection and scattering at the interfascicular spaces and by the speckle distribution. Our findings revealed that the interfascicular spaces are most likely responsible for hyperechoic structures on B-scan images. This information corroborates the hypothetical conclusion of previous studies.<sup>8-13</sup> The SDFT tissue model can still be improved in order to enhance the realism of simulated images. The next improvement in our model should be the identification of more components than collagen, water, and fresh blood, which are considered as the main SDFT constituents. Simulation results were validated in another way by a statistical analysis of the fiber bundle number and areas on segmented-simulated B-scan images, obtained from two SDFT specimens, which were subject to a standard histomorphometric evaluation.<sup>20</sup> The agreement between measured and ground true values confirmed the accuracy of the simulation model.

Moreover, the confirmation of the conclusion that hyperechoic structures are caused by the presence of interfascicular spaces was used to extract internal structures and to quantify the integrity of the fiber bundles with our clinical B-scan

TABLE III. Fiber bundle number and areas in mm<sup>2</sup> [mean (±standard deviation)] for eight normal and five injured SDFTs scanned *in vivo*. *p*-values are reported for group differences.

	N	Fiber bundle number	Fiber bundle areas (mm <sup>2</sup> )
Normal specimens	8	50 (±11)	1.33 (±0.36)
Injured specimens	5	40 (±7)	1.83 (±0.52)
<i>p</i> -value	...	0.0162	0.0075



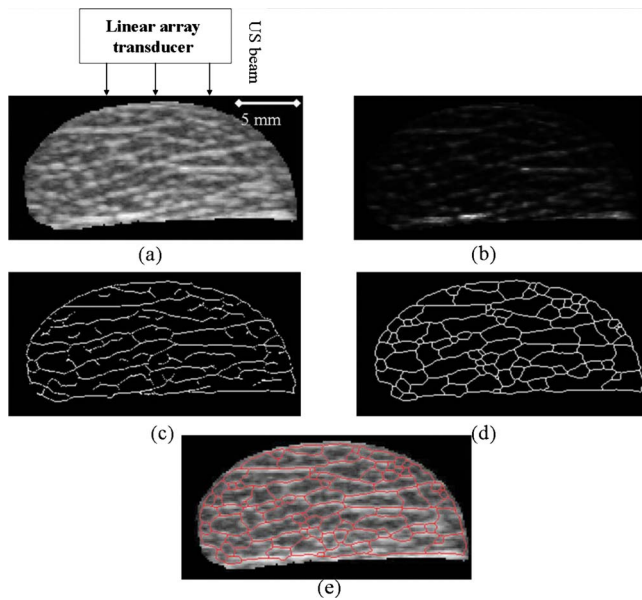


FIG. 8. Fiber bundle structures extraction from a clinical B-scan image by the proposed imaging technique. (a) Original B-scan image; (b) uncompressed 2D rf envelope; (c) binary operations; (d) watershed closing operation; and (e) projection of the closed structures over the original B-scan image.

image data sets. The statistical analysis on fiber bundle number and areas confirmed that our method could objectively discriminate normal from injured SDFTs. The mean fiber bundle number of injured SDFTs was smaller than that of normal ones, and inversely, the mean fiber bundle areas increased for pathological SDFTs (Table III). This clearly indicates the disruption of the thinnest interfascicular spaces and of their corresponding fiber fascicle bundles where lesions occurred.<sup>11,13</sup> Fiber bundle areas of the normal SDFTs corroborated values found by histomorphometry on 23 nor-

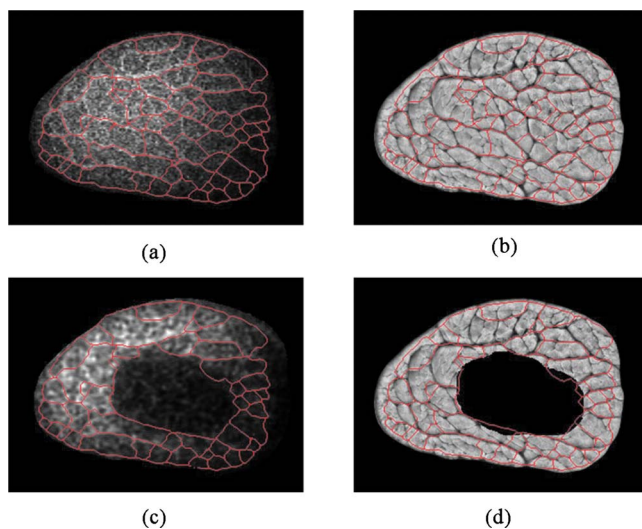


FIG. 9. Extraction of fiber bundle structures from a simulated B-scan image using the proposed imaging technique. Projection of the identified closed structures over the simulated and the macrophotography images of [(a) and (b)] a normal SDFT; [(c) and (d)] an injured SDFT.

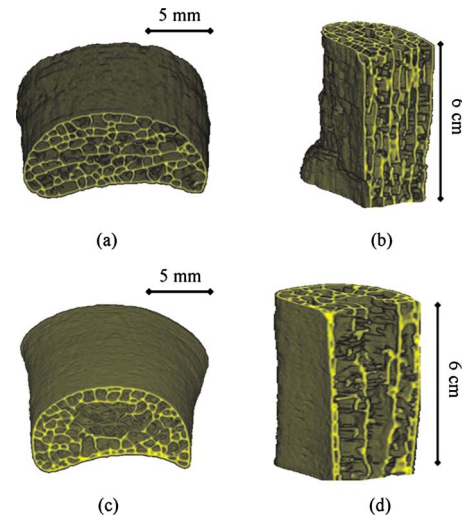


FIG. 10. 3D views of a part of SDFT. Top and longitudinal cuts of tendon: [(a) and (b)] a normal SDFT; [(c) and (d)] an injured SDFT.

mal samples<sup>35</sup> [ $1.41(\pm 0.52)$  mm<sup>2</sup>]. In future works, the fiber bundle number and areas may be used as robust features in a pattern recognition problem to classify healing steps of the SDFT, and to make decisions automatically and accurately when horses recover from tendon injuries.

A possible potential use is to provide a commercial 3D imaging software based on the proposed imaging technique to assist the veterinarians during a routine evaluation of tendons. A 3D view can be generated by stacking successive-realigned-segmented images and they can be used to better assess the fiber bundle alignment/distribution along the SDFT loading axis and potential injury locations. Normal and injured SDFTs (Fig. 10) are presented as examples of what veterinarians may visualize to appreciate the integrity of tendons. Images in Fig. 10 were taken from our clinical database. Finally, these results could easily be adapted to the study of human tendons and ligaments.

## ACKNOWLEDGMENTS

This study was supported by the Natural Sciences and Engineering Research Council of Canada (NSERC Grant Nos. 107998-06 and 138570-6), by a National Scientist award of the Fonds de la Recherche en Santé du Québec (G.C.), and by the Chaire de Recherche du Canada en Imagerie 3D et Ingénierie Biomédicale (J.A.D). The authors thank P. Gravel and L. A. Tudor for reviewing this article.

<sup>a)</sup> Author to whom correspondence should be addressed. Electronic addresses: ali.meghoufel@etsmtl.ca and ali.meghoufel@gmail.com; Telephone: (514) 890-8000 ext: 28720; Fax: (514) 412-7785.

<sup>b)</sup> Electronic mail: guy.cloutier@umontreal.ca

<sup>c)</sup> Electronic mail: ncrevier@vet-alfort.fr

<sup>d)</sup> Electronic mail: jacques.deguise@etsmtl.ca

<sup>1</sup>N. W. Rantanen, "The use of diagnosis ultrasound in limb disorders of the horse," *Equine Vet. J.* **2**, 62–64 (1982).

<sup>2</sup>A. Agut, M. L. Martinez, M. A. Sanchez-Valverde, M. Soler, and M. J. Rodriguez, "Ultrasonographic characteristics (cross-sectional area and relative echogenicity) of the digital flexor tendons and ligaments of the metacarpal region in purebred Spanish horses," *Vet. J.* **180**, 377–383 (2009).

- <sup>3</sup>P. A. Moffat, E. C. Firth, C. W. Rogers, R. K. Smith, A. Barneveld, A. E. Goodship, C. E. Kawcak, C. W. McIlwraith, and P. R. van Weeren, "The influence of exercise during growth on ultrasonographic parameters of the superficial digital flexor tendon of young Thoroughbred horses," *Equine Vet. J.* **40**, 136–140 (2008).
- <sup>4</sup>C. H. Pickersgill, C. M. Marr, and S. W. Reid, "Repeatability of diagnostic ultrasonography in the assessment of the equine superficial digital flexor tendon," *Equine Vet. J.* **33**, 33–37 (2001).
- <sup>5</sup>L. J. Zekas and L. J. Forrest, "Effect of perineural anesthesia on the ultrasonographic appearance of equine palmar metacarpal structures," *Vet. Radiol. Ultrasound* **44**, 59–64 (2003).
- <sup>6</sup>J. C. Gore and S. Leeman, "Ultrasonic backscattering from human tissue: A realistic model," *Phys. Med. Biol.* **22**, 317–326 (1977).
- <sup>7</sup>J. M. Denoix and V. Busoni, "Ultrasonographic anatomy of the accessory ligament of the superficial digital flexor tendon in horses," *Equine Vet. J.* **31**, 186–191 (1999).
- <sup>8</sup>H. T. M. van Schie, E. M. Bakker, A. M. Jonker, and P. R. Van Weeren, "Efficacy of computerized discrimination between structure-related and non-structure-related echoes in ultrasonographic images for the quantitative evaluation of the structural integrity of superficial digital flexor tendons in horses," *Am. J. Vet. Res.* **62**, 1159–1166 (2001).
- <sup>9</sup>H. T. M. van Schie, E. M. Bakker, A. M. Jonker, and P. R. Van Weeren, "Computerized ultrasonographic tissue characterization of equine superficial digital flexor tendons by means of stability quantification of echo patterns in contiguous transverse ultrasonographic images," *Am. J. Vet. Res.* **64**, 366–375 (2003).
- <sup>10</sup>H. T. M. van Schie and E. M. Bakker, "Structure-related echoes in ultrasonographic images of equine superficial digital flexor tendons," *Am. J. Vet. Res.* **61**, 202–209 (2000).
- <sup>11</sup>N. Crevier-Denoix, Y. Ruel, C. Dardillat, H. Jerbi, M. Sanaa, C. Collobert-Laugier, X. Ribot, J. M. Denoix, and P. Pourcelot, "Correlations between mean echogenicity and material properties of normal and diseased equine superficial digital flexor tendons: An in vitro segmental approach," *J. Biomech.* **38**, 2212–2220 (2005).
- <sup>12</sup>T. Garcia, W. J. Hornof, and M. F. Insana, "On the ultrasonic properties of tendon," *Ultrasound Med. Biol.* **29**, 1787–1797 (2003).
- <sup>13</sup>C. Martinoli, L. E. Derchi, C. Pastorino, M. Bertolotto, and E. Silvestri, "Analysis of echotexture of tendons with US," *Radiology* **186**, 839–843 (1993).
- <sup>14</sup>C. Gillis, D. M. Meagher, A. Cloninger, L. Locatelli, and N. Willits, "Ultrasonographic cross-sectional area and mean echogenicity of the superficial and deep digital flexor tendons in 50 trained thoroughbred racehorses," *Am. J. Vet. Res.* **56**, 1265–1269 (1995).
- <sup>15</sup>J. C. Bamber and R. J. Dickinson, "Ultrasonic B-scanning: A computer simulation," *Phys. Med. Biol.* **25**, 463–479 (1980).
- <sup>16</sup>J. Meunier and M. Bertrand, "Echographic image mean gray level changes with tissue dynamics: A system-based model study," *IEEE Trans. Biomed. Eng.* **42**, 403–410 (1995).
- <sup>17</sup>V. N. Adrov and V. V. Chernomordik, "Simulation of two-dimensional ultrasonic imaging of biological tissues in the presence of phase aberrations," *Ultrason. Imaging* **17**, 27–43 (1995).
- <sup>18</sup>G. Haïat, F. Padilla, F. Peyrin, and P. Laugier, "Variation of ultrasonic parameters with microstructure and material properties of trabecular bone: A 3D model simulation," *J. Bone Miner. Res.* **22**, 665–674 (2007).
- <sup>19</sup>R. W. Prager, A. H. Gee, G. M. Treece, and L. H. Berman, "Decompression and speckle detection for ultrasound images using the homodyned k-distribution," *Pattern Recogn. Lett.* **24**, 705–713 (2003).
- <sup>20</sup>G. Leblond, N. Crevier-Denoix, S. Falala, S. Lerouge, and J. A. de Guise, "Three-dimensional characterization of the fascicular architecture of the equine superficial digital flexor tendon," in Sixth International Conference on Equine Locomotion, Cabourg, Normandy, France, 2008 (unpublished).
- <sup>21</sup>J. Kastelic, A. Galeski, and E. Baer, "The multicomposite structure of tendon," *Connect. Tissue Res.* **6**, 11–23 (1978).
- <sup>22</sup>P. M. Webbon, "A postmortem study of equine digital flexor tendons," *Equine Vet. J.* **9**, 61–67 (1977).
- <sup>23</sup>P. M. Webbon, "A histological study of macroscopically normal equine digital flexor tendons," *Equine Vet. J.* **10**, 253–259 (1978).
- <sup>24</sup>C. A. Miles, G. A. Fursey, H. L. Birch, and R. D. Young, "Factors affecting the ultrasonic properties of equine digital flexor tendons," *Ultrasound Med. Biol.* **22**, 907–915 (1996).
- <sup>25</sup>P. Thevenaz, U. E. Ruttimann, and M. Unser, "A pyramid approach to subpixel registration based on intensity," *IEEE Trans. Image Process.* **7**, 27–41 (1998).
- <sup>26</sup>R. S. Schechter, H. H. Chaskelis, R. B. Mignogna, and P. P. Delsanto, "Real-time parallel computation and visualization of ultrasonic pulses in solids," *Science* **265**, 1188–1192 (1994).
- <sup>27</sup>S. A. Goss and F. Dunn, "Ultrasonics propagation properties of collagen," *Phys. Med. Biol.* **25**, 827–837 (1980).
- <sup>28</sup>P. L. Kuo, P. C. Li, and M. L. Li, "Elastic properties of tendon measured by two different approaches," *Ultrasound Med. Biol.* **27**, 1275–1284 (2001).
- <sup>29</sup>M. W. Moyer and O. Ridge, Table of acoustic velocities and calculated acoustic properties for solids, plastics, epoxies, rubbers, liquids, and gases, U.S. Department of Energy, 1997.
- <sup>30</sup>R. F. Wagner, S. W. Smith, J. M. Sandrik, and H. Lopez, "Statistics of speckle in ultrasound B-scans," *IEEE Trans. Sonics Ultrason.* **30**, 156–163 (1983).
- <sup>31</sup>P. M. Shankar, "Estimation of the Nakagami parameter from log-compressed ultrasonic backscattered envelopes," *J. Acoust. Soc. Am.* **114**, 70–72 (2003).
- <sup>32</sup>N. Otsu, "A threshold selection method from grey scale histogram," *IEEE Trans. Syst. Man Cybern.* **1**, 62–66 (1979).
- <sup>33</sup>L. Vincent and P. Soille, "Watersheds in digital spaces: An efficient algorithm based on immersion simulations," *IEEE Trans. Pattern Anal. Mach. Intell.* **13**, 583–598 (1991).
- <sup>34</sup>C. Julian and N. C. Beaulieu, "Maximum-likelihood based estimation of the Nakagami m parameter," *IEEE Commun. Lett.* **5**, 101–103 (2001).
- <sup>35</sup>C. Gillis, R. R. Pool, D. M. Meagher, S. M. Stover, K. Reiser, and N. Willits, "Effect of maturation and aging on the histomorphometric and biochemical characteristics of equine superficial digital flexor tendon," *Am. J. Vet. Res.* **58**, 425–430 (1997).